

AUGUST & SEPTEMBER

Middle School Menu



Director of Child Nutrition:
Dustin Seymour



DAILY SELECTIONS

Hamburger or Cheeseburger
Spicy Chicken Sandwich
Pepperoni Pizza

DAILY SELECTIONS

Fresh Fruit and Vegetable Bar
Assorted Low Fat Milk



This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

28

No School

29

Breakfast
WG Blueberry Muffin
Lunch
Beefy Ravioli w/Roll & Crackers
Crispy Chicken Corn Dog
Ham & Cheese Wrap
Mozzarella & Cheddar Pizza
Peppered Broccoli

30

Breakfast
Yogurt Parfait
Lunch
Crispy Orange Chicken w/Rice
Chicken Alfredo Rotini
Grilled Cheese Sandwich
Smokin' BBQ Chicken Pizza
Seasoned Peas & Carrots

31

Breakfast
Biscuits & Gravy w/ Sausage
Lunch
Cheesy Nachos
Spaghetti & Meatballs
Fresh Italian Chicken Salad
Fresh Veggie Pizza
Seasoned Refried Beans

1

No School

4

No School



5

Breakfast
Egg & Sausage Taco
Lunch
Creamy Macaroni & Cheese
Mini Chicken Corn Dog
Small Chicken Caesar Salad w/Crackers
Hawaiian Pizza
Peppered Broccoli

6

Breakfast
Yogurt Parfait
Lunch
Sweet & Sour Crispy Chicken w/Rice
Seasoned Beef Quesadilla
Whole Grain Ham Sub
Cheese Pizza
Crispy Tater Tots

7

Breakfast
Morning Sausage Roll
Lunch
Broccoli & Cheese Baked Potato w/Biscuit
Grilled Chicken Sandwich
Garden Salad w/Roll
Loaded Meatlovers Pizza
Spiced Charro Beans

8

Breakfast
Whole Wheat Bagel
Lunch
Juicy Turkey Hot Dog
Baked Veggie Rotini
Classic Ham Sandwich
Spicy Chicken Pizza
Spiced Green Beans

11

Breakfast

Breakfast on a Stick
Lunch
Chicken Pot Pie
Goey Grilled Cheese Sandwich
Turkey Sub
Mozzarella & Cheddar Pizza
Peppered Corn

12

Breakfast

Apple Cinnamon Muffin
Lunch
Spaghetti w/ Meaty Italian Sauce
Patty Melt
Fresh Ham & Cheese Salad
Smokin' BBQ Chicken Pizza
Creamed Spinach

13

Breakfast

Breakfast Burrito
Lunch
Baked Chicken Nuggets
Beef & Bean Tostada w/Rice
Sun Butter & Jelly Sandwich w/String Cheese
Fresh Veggie Pizza
Seasoned Potato Wedges

14

Breakfast

Cinnamon Roll w/ Icing
Lunch
Popcorn Chicken Snowbowl w/Roll
Cheesy Nachos
Chunky Tuna Salad Wrap
Spicy Buffalo Chicken Pizza
Spiced Green Beans

15

Breakfast

Scrambled Eggs w/ Toast
Lunch
Teriyaki BBQ Beef Dipper Sliders
Chef Salad w/Crackers
Garden Vegetable Lasagna
Crumbled Sausage Pizza
Peppered Broccoli

18

Breakfast

Belgian Waffle Stix
Lunch
Cheese Quesadilla
Chicken Tenders w/Roll
Ham & Cheese Sandwich
Beefy Taco Pizza
California Blend Veggies

19

Breakfast

Yogurt Parfait
Lunch
Soft Beef Tacos
Cheese Enchiladas
Southwest Chicken Salad w/Crackers
Hawaiian Pizza
Seasoned Refried Beans

20

Breakfast

Banana Muffin
Lunch
Crispy Chicken Corn Dog
Grilled Ham & Cheese Sandwich
Small Chef Salad w/Crackers
Cheese Pizza
Crispy Tater Tots

21

Breakfast

Whole Wheat Bagel
Lunch
Baked Veggie Rotini w/Roll
Pepper Steak w/Green Peppers, Roll & Rice
Chicken Salad Sandwich
Loaded Meatlovers Pizza
Seasoned Peas & Carrots

22

Breakfast

Egg & Sausage Tacos
Lunch
Teriyaki Chicken w/Rice
Country Fried Steak w/ Roll
Turkey & Cheese Wrap
Spicy Chicken Pizza
Peppered Corn

25

Breakfast

Whole Grain Biscuits & Gravy
Lunch
Creamy Chicken Alfredo
Bread Chicken Fingers w/Roll
Turkey & Cheese Sub
Mozzarella & Cheddar Pizza
Peppered Broccoli

26

Breakfast

Golden Chocolate Chip Muffin
Lunch
Grilled Cheese Sandwich w/Tomato Soup
Breaded Chicken Sandwich
Chicken Caesar Salad
Smokin' BBQ Chicken Pizza
Seasoned Potato Wedges

27

Breakfast

Egg & Cheese Tacos
Lunch
Beefy Mac w/ Roll
Bean & Cheese Tostadas
Sun Butter & Jelly Sandwich w/String Cheese
Fresh Veggie Pizza
California Blend Vegetables

28

Breakfast

Egg & Cheese Bagel Sandwich
Lunch
Green Chili Chicken Enchiladas w/Salsa
Cheesy Nachos
Southwest Chicken Salad
Spicy Buffalo Chicken Pizza
Seasoned Refried Beans

29

Breakfast

Cinnamon Roll w/ Icing
Lunch
Tangy BBQ Chicken Sandwich
Fajita Chicken Fried Rice
Turkey & Cheese Wrap
Crumbled Sausage Pizza
Italian Mixed Veggies

Breakfast Meal Price: Paid \$1.90 / Reduced \$0.30 Lunch Meal Price: Paid \$2.90 / Reduced \$0.40 Adult Meal Price: \$4.00